



# Student-Athlete Dual Career Guidance

**Scope:**

This guidance applies to City St George's, University of London student-athletes irrespective of their personal circumstance, demographic information, school, mode, or level of study.

**Senate Regulations:**

Not applicable.

**Summary:**

The purpose of this guidance is to highlight the support available to students who are balancing their academic commitments with high-performance athletic commitments and sign-post staff and students to the relevant policies and procedures.

**Date approved/re-approved:**

July 2025

**Date for review:**

2028/29

**Effective from:**

August 2025

**To be read in conjunction with:** Student Support Policy, Personal Tutoring Policy, Online Teaching Materials and Lecture Recordings Policy, Extensions and Late Submissions Policy, Extenuating Circumstances Policy, Interruption of Studies and Withdrawal Policy

**Equality and Diversity Statement**

City St George's, University of London is committed to promoting equality, diversity and inclusion in all its activities, processes, and culture, under its Public Sector Equality Duties and the Equality Act 2010. This includes promoting equality and diversity for all, irrespective of any protected characteristic, working pattern, family circumstance, socio-economic background, political belief or other irrelevant distinction.

Where relevant to the policy, decision-making panels will ensure a reasonable gender balance (with at least one man and one woman) and will actively consider representation of other protected groups.

## 1. Introduction

City St George's is committed to enabling high-performing sportspeople to study and excel within both their academic and athletic pursuits. Balancing sport and education is considered a dual career. City St George's strives to ensure that all students regardless of their background or situation, have access to support mechanisms and feel supported by the academics in their School and the professional staff in the Sport and Leisure Service to facilitate a positive experience and enhance their dual career.

The information provided in this Guidance document outlines City St George's commitment to current and prospective student-athletes in relation to a dual career.

## 2. Support Provided to Current Student-Athletes

### 2.1. Student-Athlete Support Programme

The Sport and Leisure Service provide assistance to performance athletes who are studying at City St George's, alongside their sporting commitments, through the Student-Athlete Support Programme. Students selected for the programme will receive a package of support. Support services are based at the Clerkenwell campus, however, City St George's students from any campus are eligible.

To be eligible for support through the Student-Athlete Support Programme student-athletes must:

- Be enrolled on a taught or research degree programme (undergraduate or postgraduate) at the City St George's, University of London
- Be of a national or international standard in a sport with a recognised National Governing Body (NGB)
- Demonstrate their continued engagement and potential performance in future events
- Evidence their commitment to balancing sporting and academic demands

There are three award level on the programme: Elite (Olympic/Paralympic, World Games, World/Continental Championships, Commonwealth Games/Championships), Talented (World Cup/Series Event, Youth event of the Elite events, National Championships medallist), and Potential (National championships [requiring qualification], BUCS individual medallist).

Support will vary depending on the award level. This provision includes free CitySport membership, performance testing, physiotherapy, strength and conditioning, specific employability and mentoring consultation, lifestyle workshops, feature on the university website, and support for academic flexibility.

Awards are limited and so eligibility is no guarantee of a particular level of – or any – support and all award decisions are at the discretion of the awarding committee. Successful student-athletes will be sent an agreement to sign noting their commitment to the sport and academia, as well as the programme, during their time at university.

Applications can be submitted [here](#).

### 2.2. Scholarships

Student-athletes are available to apply for scholarships in the form of cash bursaries. Grants, award amounts, and qualifying criteria vary annually. Information relating to available scholarships will be accessible via the Performance Sport webpage on the university/CitySport websites.

## **2.3. Central University Support**

### *2.3.1. Student Support*

City St George's is committed to supporting student-athletes, as with any student, to thrive and succeed during their time at the University. City St George's recognise that student life can at times be challenging and want to ensure students are clear on where to find the support that may need. Support relies on students' commitment to keep in touch, let relevant staff know how they are doing, and for students to understand where to access support if needed.

City St George's want students to be confident to ask for help, whether it is about their academic studies or anything else. There are staff and specialist teams who are available to advise and help students as needed. This support is clarified in the [Student Support Policy](#).

### *2.3.2. Personal Tutors*

A Personal Tutor is usually allocated to each of student for the duration of their programme and will operate within the guidance of the [Personal Tutoring Policy](#). The Personal Tutor is a member of the academic staff who will guide students through their programme and support their personal and professional development, to enable students to achieve their potential and prepare them for life after university. Personal Tutors will be made aware of student-athletes' athletic pursuits and factor in dual career support.

### *2.3.3. Careers Advice*

The Careers & Employability team provide support for students to help them plan the career they want after City St George's. They provide one-to-one advice and guidance, workshops, employer events, part-time work, volunteering, professional mentoring, peer mentoring, and run the Micro-Placement Programme. Resources are available via the [CareersHub](#). The services are inclusive, confidential, and open to all students, and are available to all current students and graduates for three years after graduation.

It is understood that many student-athletes might want to utilise their degree within the sports industry. The Careers & Employability team will therefore provide guidance on how students can apply their learnings from their profession to, and obtain placements during their studies and progression upon graduation in, sports organisations.

## **2.4. Programme Support**

### *2.4.1. Moodle and Canvas*

Students will have access to resources via one of the Virtual Learning Environments available at City St George's, [Moodle](#) or [Canvas](#). It is used by staff and students to provide access to digital content, activities, and communication tools relevant to the degree programme and specific modules. Moodle and Canvas are accessible via desktop webpages and mobile applications.

### *2.4.2. Lecture Capture*

As per the Online Teaching Materials and Lecture Recordings Policy, City St George's default position is that all lectures will be recorded using Lecture Capture or other software and that the recording, and any associated presentational materials (e.g. PowerPoint or PDF slides) or other online materials, will be made available to students. Automated Lecture Capture records the computer screen, laptop screen or visualiser, and lecturer's voice, whilst the video camera records the front of the teaching space or it can be set, via the Pod controls, to record the Whiteboard. These inputs can be changed as needed by the lecturer. These videos are uploaded to Moodle or Canvas for student viewing, either to catch up or use for additional revision.

### *2.4.3. Module Selection*

City St George's degree programmes consist of core, compulsory and elective modules. Students have choice regarding the elective modules that they engage in, with varying requirements in terms of taught and non-taught hours, workshop/lecturer delivery, and assessment methods.

## **2.5. Academic Flexibility**

### **2.5.1. Assessment Extensions**

Student-athletes are expected to communicate key competition and/or training camp dates with their Personal Tutor, affected Module Leaders, and the Student-Athlete Support Programme Coordinator as soon as they are known. This will enable a localised support plan to be created. In some cases, involvement in sport may hinder a student's assessment and an extension may be required for a specific assessment, but these automatic extensions are limited per academic year. Full information can be found in the [Extensions and Late Submissions Policy](#).

Not all sporting commitments justify assessment extensions. To provide a steer, selection by a national governing body for any senior, international event or age-group major (Olympic, World, Commonwealth, or Continental) championships would be supported. Adjustments for any other sporting involvement would be considered on a case-by-case basis.

### **2.5.2. Extenuating Circumstances**

Sometimes, unexpected life events may temporarily affect a student's ability to prioritise their studies and to focus on assessments. For student-athletes, this may include sudden transitions, for example, severe injury or potentially associated medical assessment or treatment, removal from NGB funding or pathway, or selection for major sporting event or training camp.

In such some cases, student-athletes may apply for Extenuating Circumstances as per the [Extenuating Circumstances Policy](#). For submitted Extenuating Circumstances applications relating to sports engagement, a representative of the Sport and Leisure Service may be a panel member.

### **2.5.3. Deferred Year of Study**

Student-athletes may wish to take a break from their studies for a defined period of time if their sporting commitments affect their ability to continue with their programme of study. This would be considered under the [Interruption of Studies and Withdrawal Policy](#) and may be considered for student-athletes attempting to qualify/compete at a major championships: Olympic/Paralympic Games, World Games, Commonwealth Games, and/or continental championships, including age-group events.

The normal period of interruption is 1 year from the start of the term in which the application to interrupt is approved. Student-athletes would therefore normally return from an interruption of studies at the start of the equivalent term in the following academic year, however, shorter interruptions are allowed where practically possible.

### **2.5.4. Special Schemes of Study**

A special scheme of study is the adjustment of a programme of study for an individual student approved by the relevant School Board of Studies. It ensures that arrangements for study that do not entirely fall within the relevant programme scheme or specification are approved in the appropriate way. Special Schemes of Studies may provide a means of flexibility in adjusting programmes of study to meet individual students' specific needs, but only in exceptional circumstances and where the programme learning outcomes can still be met.

### 3. External Partners

The university will engage with a number of core partners within the high-performance sport sphere to optimise support provided to student-athletes.

#### 3.1. TASS

TASS (Talented Athlete Scholarship Scheme) is a Sport England funded partnership between talented athletes, (university and college) delivery sites, and NGBs. The programme helps athletes – aged 16+ – to balance sport within the rest of their lives, most notably education, to help student-athletes excel. TASS provides vital support services via a national network of experienced practitioners, and these practitioners can access many opportunities to build knowledge and remain current through a continuous professional development programme.

City St George's will feature on TASS' website as a university dedicated to supporting student-athletes' dual careers. Sport and Leisure staff will work closely with TASS to enhance the provision for student-athletes and grow the university's reputation as a destination for high-performance athletes.

#### 3.2. NGBs

The Sport and Leisure Service will liaise directly with NGBs of individuals supported by the Student-Athlete Support Programme. This may include facilitating conversations between academics and NGB staff, liaising with sport specific coaches regarding support service provision delivered at City St George's, or raising welfare/safeguarding concerns.

#### 3.3. External Organisations

The Sport and Leisure Service will engage with third party organisations providing dual career provision or athlete support services as necessary. This may include recruitment partners, mentoring and employability services, chartered athlete support personnel (e.g., physiotherapy), or companies providing scholarship/bursaries.

### 4. Promotion and Communication

- 4.1. This Guidance will be shared with academic, Admissions, and Registry staff and is accessible via the [Staff Hub](#), Quality Manual, and student facing policies.
- 4.2. This Guidance will be available on the [Student Hub](#).
- 4.3. Student-Athlete and performance support information will feature on the CitySport and University websites and social channels.
- 4.4. Student-athletes will feature as part of recruitment enrolment campaigns.
- 4.5. Press releases will be published written by student-athletes, or staff, about the support available at City St George's, the benefits of a dual career, and individual experiences.
- 4.6. The University will engage with (inter)national campaigns throughout the year, promoting performance sport and the benefits of a dual career.
- 4.7. The university will promote and display its partnership with external partners and commitment to a dual career in the form of accreditation plaques, informational posters/flyers, digital branding/advertisements, and/or roller banners.

### 5. Contacts

All City St George's performance sport programmes are coordinated through Sport and Leisure staff. These responsibilities include:

- Handing enquiries from current or prospective student-athletes
- Reviewing Student-Athlete Support Programme applications
- Completing inductions and organising Student-Athlete Support Programme provision
- Liaising with Personal Tutors, coaches, NGBs, and TASS
- Monitoring student-athlete academic and athletic performances.

**Sport and Leisure, CitySport – [citysport@citystgeorges.ac.uk](mailto:citysport@citystgeorges.ac.uk)**

<b>Policy Title</b>	
Student-Athlete Dual Career Guidance	
<b>Policy Enabling Owner and Department</b>	<b>Responsible for Implementation and Department</b>
Sport and Leisure Services	Departments as noted within each specific policy
<b>Approving Body</b>	<b>Date of Approval</b>
Educational Quality Committee	July 2025
<b>Last Reviewed &amp; Version</b>	<b>Review Due Date</b>
V1	2028/29
<b>Publication of Policy</b> ( <i>tick as appropriate</i> )	
For public access online (internet)? <input checked="" type="checkbox"/>	For staff access only (intranet)? <input type="checkbox"/>
Website Link: <a href="#">Student Policies and Regulations</a>	Intranet Link:
<b>Storage of Policy</b> ( <i>Previous versions of the policy must be stored in the drive by the author</i> )	
<b>Drive Address:</b>	
<b>Queries about this policy should be referred to</b>	
<a href="mailto:citysport@citystgeorges.ac.uk">citysport@citystgeorges.ac.uk</a>	