

Provisional Programme - How to Interpret the ECGs of Athletes and Young Adults

PROGRAMME

Thursday 4th of June – lectures available on the Teams channel

- The normal ECG in athletes - Prof Sanjay Sharma
- Red flags in the ECG of athletes – Dr Gherardo Finocchiaro
- Borderline ECG changes in athletes; What do they mean? – Dr Eleni Nakou
- The ECG in myocarditis – Prof Sanjay Sharma
- The ECG in cardiomyopathies – Dr Gherardo Finocchiaro
- The ECG in ischemic heart disease – Dr Saran Marwaha
- Low QRS voltages in athletes – Prof Alessandro Zorzi
- From the Seattle criteria to the International criteria 2025 – Prof Jon Drezner

20 ECGs with single best answer questions as a pre-course assessment

Thursday 11th of June 2026

Updates on the athlete's ECG

Chair: Dr Saran Marwaha

09.00-09.30	Updates in ECG interpretation in athletes Prof Michael Papadakis
09.30-10.00	Abnormal ECG patterns in athletes; The things not to miss! Prof Sanjay Sharma
10.00-10.15	Question & Answer session with our experts Moderator: Dr Gherardo Finocchiaro Panel: Prof Michael Papadakis, Prof Sanjay Sharma
10.15-10.45	Coffee Break
10.45-12.00	Interactive cases (MCQs) – Dr Dimitra Maritsa

Moderator: Dr Emmanouil Androulakis/Gherardo Finocchiaro
Panel: Dr Eleni Nakou, Prof Michael Papadakis, Dr Alessandro Zorzi

12.00-13.00 Lunch time

Rhythm abnormalities in the young and in athletes

Chair: Dr Eleni Nakou

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| 13.00-13.20 | The slow heart rate; When to worry
Dr Mark Specterman |
| 13.20-13.40 | The fast heart rate; Recognising patterns
Dr Anthony Li |
| 13.40-14.00 | Premature ventricular beats in athletes
Dr Saran Marwaha |
| 14.00-14.20 | The ECG in channelopathies
Dr Silvia Castelletti |
| 14.20-14.40 | Question & Answer session with our experts
Moderator: Dr Gherardo Finocchiaro/ Dr Emmanouil Androulakis
Dr Specterman, Dr Anthony Li, Prof Michael Papadakis, Dr Silvia Castelletti |

14.40-15.00 Coffee Break

The grand finale!

Chair: Dr Gherardo Finocchiaro

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| 15.00-17.00 | Interactive cases extravaganza (MCQs) – Dr Dan Tardo
Moderator: Dr Gherardo Finocchiaro/ Emmanouil Androulakis
Panel: Dr Gherardo Finocchiaro, Prof Jon Drezner, Prof Michael Papadakis, Dr Silvia Castelletti |
| 17:00-17.15 | Closing remarks
Dr Gherardo Finocchiaro |

After the end of the course, participants will have the opportunity to review 20 ECGs with single best answer questions as a post-course assessment (same ECGs as pre-course assessment)

18.00 - End of the course

All course material, including recorded lectures, , will remain available to participants for up to four weeks of being sent.